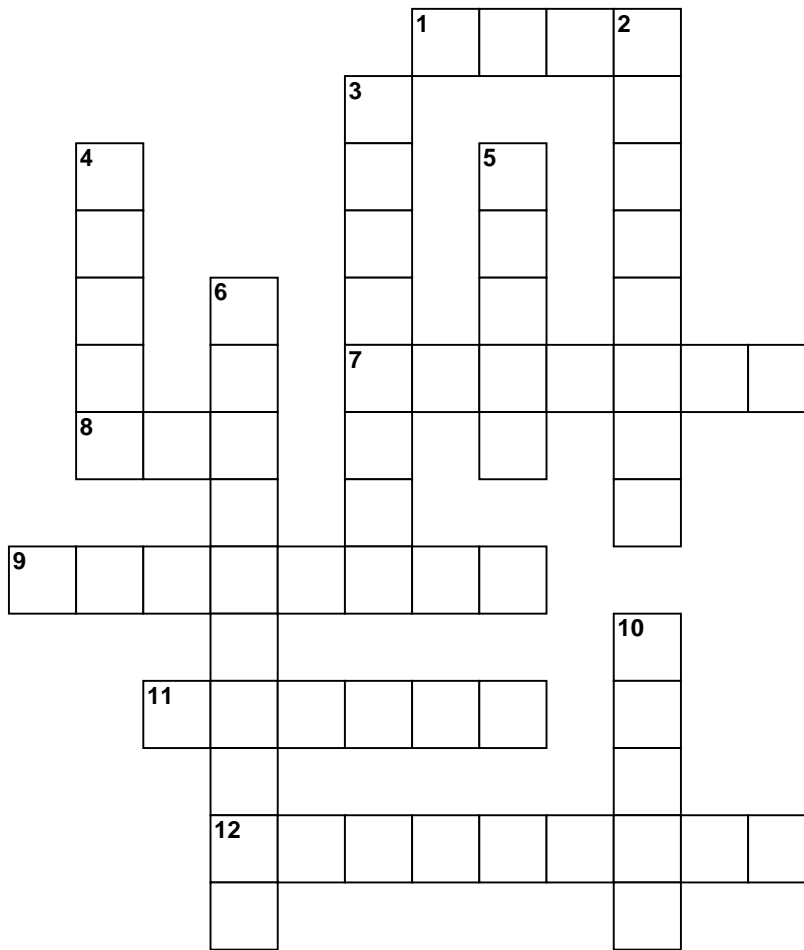


SENIORS FALL PREVENTION



By Evelyn Johnson - www.qets.com



ACROSS

- 1 Make it safer to prevent falls
- 7 Strengthens bones and muscles
- 8 A throw _____ can cause you to slip and fall
- 9 Wearing a safe style can significantly reduce the risk of an injury
- 11 Should be checked by a doctor each year
- 12 Stairway safety feature

DOWN

- 2 One of the most important ways to reduce your chances of falling
- 3 A dosage change can make you drowsy or light headed
- 4 Drink 6 to 8 glasses each day to prevent dehydration
- 5 Leading cause of injury for people over age of 25
- 6 Should be installed along the path from bedroom to bathroom
- 10 Never use as a step stool

SENIORS FALL PREVENTION

Solution:



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Evelyn Johnson