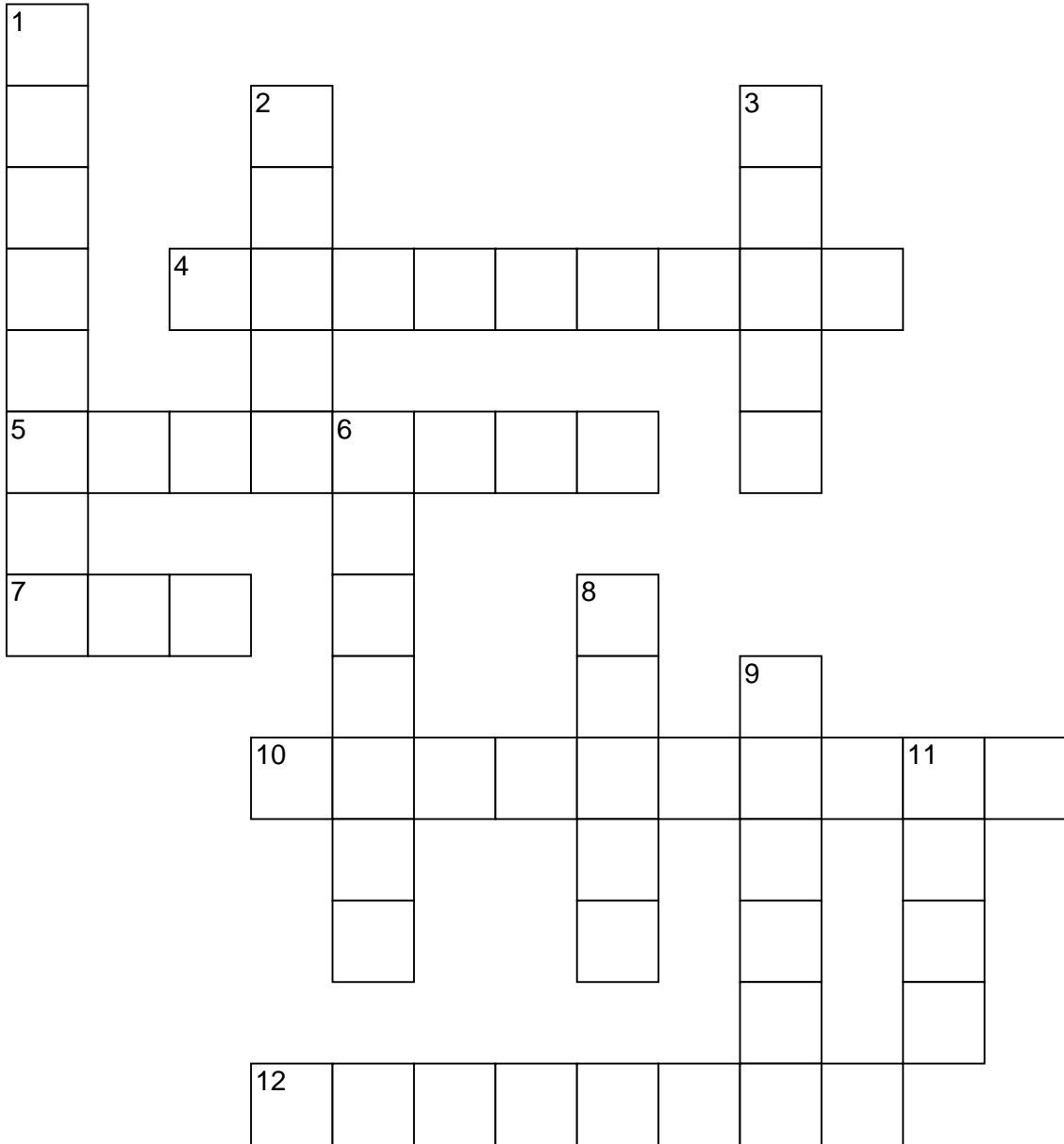


# FALL PREVENTION



Created by Evelyn Johnson



# FALL PREVENTION

## ACROSS

- 4 Stairway safety feature
- 5 One of the most important ways to reduce your chances of falling
- 7 A throw \_\_\_\_\_ can cause you to slip and fall
- 10 Should be installed along the path from bedroom to bathroom
- 12 A dosage change can make you drowsy or light headed

## DOWN

- 1 Wearing a safe style can significantly reduce the risk of an injury
- 2 Should never be used as a step stool
- 3 Leading cause of injury for people over age of 25
- 6 Strengthens bones and muscles
- 8 Drink 6 to 8 glasses each day to prevent dehydration
- 9 Should be checked by a doctor each year
- 11 Make it safer to prevent falls



